

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Private Instruction	6:00-7:00 am Mixed Level BJJ (No Gi)	10:30-11:45 am Mixed Level BJJ (Gi)	6:00-7:00 am Mixed Level BJJ (Gi)	10:30-11:45 am Mixed Level BJJ (No Gi)	6:00-7:00 am Mixed Level BJJ (No Gi)	8:00-8:45 am Toddler BJJ (Gi)
10:00 am - 1:00 pm Mixed Level BJJ (No Gi)					10:30-11:45 am Mixed Level BJJ (Gi)	9:00-10:00 am Pee Wee BJJ Kids BJJ (No Gi)
		4:45-5:30 pm Pee Wee BJJ (Gi)	4:30-5:30 pm Private Instruction	4:45-5:30 pm Pee Wee BJJ (Gi)		10:00-10:45 am Mixed Level BJJ (No Gi)
	5:15-6:30 pm Kids' Competition Team Training (No Gi)	5:30-6:30 pm Kids BJJ (Gi)	5:30-6:30 pm Private and Small Group Instruction	5:30-6:30 pm Kids BJJ (Gi)	4:45-5:30 pm Pee Wee BJJ (No Gi)	10:45-11:30 am Randori ** Live Training (No Gi)
	6:30-7:30 pm Fundamental BJJ (Gi)	6:30-7:15 pm Advanced BJJ (Gi)	6:30-7:30 pm Fundamental BJJ (No Gi)	6:30-7:15 pm Advanced BJJ (Gi)	5:30-6:30 pm Kids BJJ (No Gi)	
	7:30-8:15 pm Adult Competition Class (Gi)	7:15-8:00 pm Randori ** Live Training (Gi)	7:30-8:15 pm Advanced BJJ (No Gi)	7:15-8:00 pm Randori ** Live Training (Gi)	6:30-7:15 pm Mixed Level BJJ (No Gi)	
	8:15-9:00 pm Randori ** Live Training (Gi)	8:00 - 9:00 pm Fundamental BJJ (Gi)	8:15-9:00 pm Randori ** (No Gi)	8:00 - 9:00 pm Fundamental BJJ (Gi)	7:15-8:00 pm Randori ** Live Training (No Gi)	

** requires coaches' permission and/or at least 3 months of training