

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Private Instruction	6:00-7:00 am Mixed Level BJJ (No Gi)		6:00-7:00 am Mixed Level BJJ (Gi)		6:00-7:00 am Mixed Level BJJ (No Gi)	8:00-8:45 am Toddler BJJ (Gi)
9:00 am - 12:00 pm Youth Competition Class* \$25 Members \$35 Non-Members (No Gi and Gi) *For Active Competitors, Requires Prof. Dave's Approval		10:30-11:45 am Mixed Level BJJ (Gi)		10:30-11:45 am Mixed Level BJJ (No Gi)	10:30-11:45 am Mixed Level BJJ (Gi)	9:00-10:00 am Pee Wee BJJ Kids BJJ (No Gi)
12:00-1:30 pm Mixed Level (No Gi)		4:45-5:30 pm Pee Wee BJJ (Gi)	4:30-5:30 pm Private Instruction	4:45-5:30 pm Pee Wee BJJ (Gi)		10:00-10:45 am Mixed Level BJJ (No Gi)
	5:15-6:30 pm Kids' Competition Team Training (No Gi)	5:30-6:30 pm Kids BJJ (Gi)	5:30-6:30 pm Private and Small Group Instruction	5:30-6:30 pm Kids BJJ (Gi)	4:45-5:30 pm Pee Wee BJJ (No Gi)	10:45-11:30 am Randori ** Live Training (No Gi)
	6:30-7:30 pm Fundamental BJJ (Gi)	6:30-7:15 pm Advanced BJJ (Gi)	6:30-7:30 pm Fundamental BJJ (No Gi)	6:30-7:15 pm Advanced BJJ (Gi)	5:30-6:30 pm Kids BJJ (No Gi)	
	7:30-9:00 pm Adult Competition/ Advanced Class (Gi)	7:15-8:00 pm Randori ** Live Training (Gi)	7:30-9:00 pm Adult Competition/ Advanced Class (No Gi)	7:15-8:00 pm Randori ** Live Training (Gi)	6:30-7:15 pm Mixed Level BJJ (No Gi)	
** requires coaches' permission and/or at least 3 months of training		8:00 - 9:00 pm Fundamental BJJ (Gi)		8:00 - 9:00 pm Fundamental BJJ (Gi)	7:15-8:00 pm Randori ** Live Training (No Gi)	