



Renzo Gracie Brazilian Jiu-Jitsu Warwick Schedule



(201) -852-4304

www.renzograciewarwick.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Instruction	7:00 am-8:00 am Mixed Level BJJ (No Gi)	10:30-11:45 am Mixed Level BJJ (Gi)	7:00-8:00 am Mixed Level BJJ (Gi)	10:30-11:45 am Mixed Level BJJ (No Gi)	7:00-8:00 am Mixed Level BJJ (No Gi)	9:00-10:00 am Pee Wee BJJ Kids BJJ (No Gi)
10:00 am Adult Competition Team Training	10:00 am-1:00 pm Private Instruction	4:45-5:30 pm Pee Wee BJJ (Gi)	4:00-6:00 pm Private and Small Group Instruction	4:45-5:30 pm Pee Wee BJJ (Gi)	4:45-5:30 pm Pee Wee BJJ (No Gi)	10:00-10:45 am Mixed Level BJJ (No Gi)
	5:30-6:30 pm Kids' Competition Team Training	5:30-6:30 pm Kids BJJ (Gi)	6:30-7:30 pm Fundamental BJJ (No Gi)	5:30-6:30 pm Kids BJJ (Gi)	5:30-6:30 pm Kids BJJ (No Gi)	10:45-11:30 am Randori ** Live Training (No Gi)
	6:30-7:30 pm Fundamental BJJ (Gi)	6:30-7:15 pm Advanced BJJ (Gi)	7:30-8:15 pm Advanced BJJ (No Gi)	6:30-7:15 pm Advanced BJJ (Gi)	6:30-7:15 pm Mixed Level BJJ (No Gi)	
	7:30-8:15 pm Advanced BJJ (Gi)	7:15-8:00 pm Randori ** Live Training (Gi)	8:15-9:00 pm Randori ** (No Gi)	7:15-8:00 pm Randori ** Live Training (Gi)	7:15-8:00 pm Randori ** Live Training (No Gi)	
	8:15-9:00 pm Randori ** Live Training (Gi)	8:00 - 9:00 pm Fundamental BJJ (Gi)		8:00 - 9:00 pm Fundamental BJJ (Gi)		

** requires coaches' permission and/or at least 3 months of training